

SOCIAL

| | Rarely, if ever | Sometimes | Most of the time | Always |
|--|--------------------|-----------|---------------------|--------|
| I am satisfied with my social life. | 1 | 2 | 3 | 4 |
| I am involved in at least one university community or group. | 1 | 2 | 3 | 4 |

INTELLECTUAL

| | Rarely, if ever | Sometimes | Most of the time | Always |
|---|--------------------|-----------|---------------------|--------|
| I know about available campus resources to help me study. | 1 | 2 | 3 | 4 |
| I feel fulfilled in my academic program. | 1 | 2 | 3 | 4 |
| I seek personal growth by learning new skills. | 1 | 2 | 3 | 4 |
| I look for ways to use my creative and critical thinking skills. | 1 | 2 | 3 | 4 |
| I am open to new ideas. | 1 | 2 | 3 | 4 |
| I learn about different topics that interest me from books, magazines, newspapers and the internet. | 1 | 2 | 3 | 4 |
| I know how to access academic resources when necessary. | 1 | 2 | 3 | 4 |
| I am comfortable reaching out to my professor/TA for help or attending office hours. | 1 | 2 | 3 | 4 |
| I am eager to learn. | 1 | 2 | 3 | 4 |
| I stay informed about social, political and other current issues. | 1 | 2 | 3 | 4 |
| TOTAL | | | | |

ENVIRONMENTAL

| | Rarely, if ever | Sometimes | Most of the time | Always |
|---|--------------------|-----------|---------------------|--------|
| I spend time outdoors enjoying nature. | 1 | 2 | 3 | 4 |
| I reduce, reuse and recycle products. | 1 | 2 | 3 | 4 |
| I try to lessen my environmental impact. | 1 | 2 | 3 | 4 |
| I walk, bike, use public transportation or carpool when possible. | 1 | 2 | 3 | 4 |
| I am concerned about impacts on my local, national and world climate. | 1 | 2 | 3 | 4 |
| I have a space to call my own. | 1 | 2 | 3 | 4 |
| I feel comfortable in the space I occupy. | 1 | 2 | 3 | 4 |
| I feel content in my environments (class, home, work, etc.). | 1 | 2 | 3 | 4 |

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